

2nd Home, Inc

Federal Nondiscrimination Statement / Wellness Policy

USDA Nondiscrimination Statement

Full Statement

The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)

If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, or by fax (202) 690-7442 or by e-mail at program.intake@usda.gov. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).

USDA is an equal opportunity provider and employer.

Short Statement

The USDA and the CDE are equal opportunity providers and employers.

Wellness Policy

2nd Home recognizes the important connection between a healthy diet, physical fitness, & education. Our goal shall be to serve healthy & nutritional meals & snacks to all clients including fresh fruits & vegetables and whole grain foods. To reinforce this, 2nd Home shall implement activities in the following areas:

1. Nutrition Education activities:
 - Visit a Farmer's Market
 - Plant a vegetable garden
 - Have clients help with food preparation once a month
2. Physical Education activities:
 - Engage in vigorous physical activities for a minimum of 20 minutes daily (exception for inclement weather).
 - Create an physical activity chart for each client
 - Create a growth chart for clients